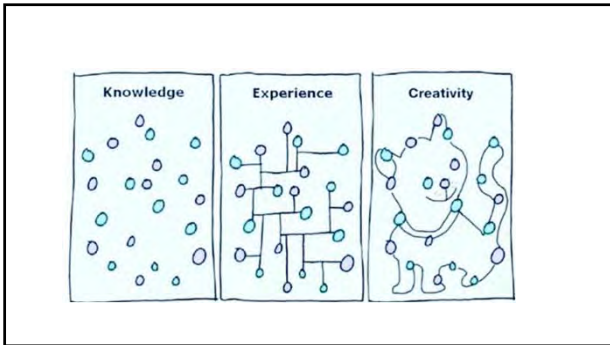


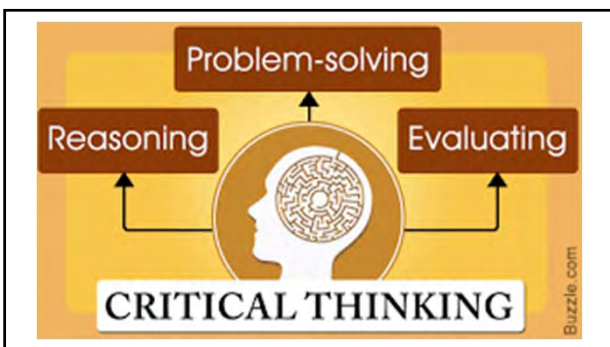




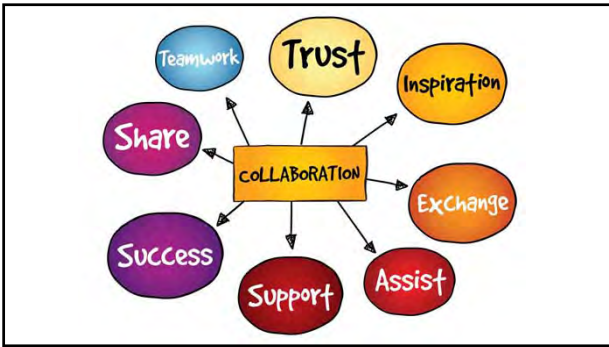
HABIT 7
Sharpen the Saw

BODY Physical Dimension - Exercise - Eat Healthy - Sleep Rest - Relaxation	MIND Mental Dimension - Read - Educate - Write - Learn new skills
HEART Emotional Dimension - Build Relationships - Give Service - Laugh Love	SOUL Spiritual Dimension - Meditate - Keep a Journal - Pray - Take in Quality Media





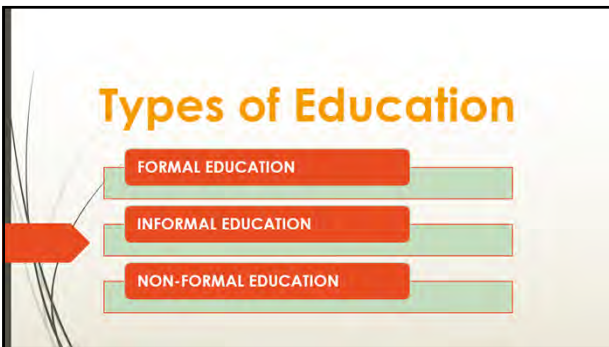















Cultural benefits

- A confidence boost to persons thinking about formal learning pathways
- Significant assistance to employers regarding the potential contribution of employees to business
- Support for young, mature-aged and migrant people seeking to improve their employment prospects
- Enables the integration of highly skilled workers and provides pathways for up skilling



